

'Celebrating Herbs' Festival - 9th to 11th September 2016 - Programme

Programme 2016 v1

'Celebrating Herbs' Festival Programme - Friday 9 th September				
Time	Main Marquee	Kite Arena	Craft Tent	Sanctuary
10:00	CAMPSITE OPEN FOR CAMPERS			
13:00	Shared Lunch	Anyone with a kite!	'Crafters' set-up	
14:00	Tea and coffee available throughout the weekend. Bring herbal drinks and other goodies, such as biscuits and cakes, to share with it for 7:30 and onwards throughout the Festival		<u>Stalls booked for weekend</u>	Herbal Intensive "Holy smoke: The Old World history and practice of burning herbs" - with Charlie Farrow
17:00			Eldrum Herbs	
18:30 to 19:30	Dinner – Shared evening meal - bring something to share		Farmcote Herbs	
19:30 to 23:00	<p>Open mic – music and stories including songs of welcome - fun for all!</p> <p>Bring herbal drinks, and goodies (e.g. cake!) to share</p> <p>Bring along your instrument, your voice, a story, a juggling act, or any party piece you have to entertain everyone! Or just come along and be entertained!</p> <p>If you have anything you feel you can contribute please let us know, ideally in advance (but feel free just to turn up with it), and we will add it to our list for the evening's entertainment!</p> <p>Formally ends about 10 to 10:30pm (ish!) and will be followed by a 'jam session' for anyone who wishes to join in</p>		Kitchenherbwife Little Bird Soaps Lyme Cottage Industries Men in Sheds Pryce Watkins Woodturner Springfield Sanctuary calendars and books	Open for viewing and meditation – the meditation area is available all weekend

Programme Key
Talk Topic with Speaker
Walk
Activity
Music

'Celebrating Herbs' Festival Programme - Saturday 10th September				
Time	Main Marquee	Kite Arena	Craft Tent	Sanctuary
09:00	Creating Herbal Poems and Stories - with Sarah Head	Sky Symphony Team members will probably be available to give some kiting instruction, just ask! Or they can help anyone with any kite they may have	Stalls available Eldrum Herbs Farmcote Herbs Kitchenherbwife Little Bird Soaps Lyme Cottage Industries Men in Sheds Pryce Watkins Woodturner Springfield Sanctuary calendars and books	NOTE: The meditation area is available all weekend
09:30				
10:00	Introduction to Aromatherapy - with Trish Fearnley			
10:30				
11:00	Soul Midwifery - with Sharon Ingram			
11:30				
12:00	Tea, Cake and Kites! see ---->	Sky Symphony Kite Display Team		
12:30	Creating Scented Herbal Bags			
13:00	Shared Lunch			
13:30				
14:00	Herbs for Chronic Conditions and Terminal Care - with Lynne Tynan-Cashmore			
14:30				
15:00	Tea, Cake and Kites! see ---->	Sky Symphony Kite Display Team		
15:30	Creating Herbal Poems and Stories - with Sarah Head			
16:00				
16:30	Sound Bath - with Sharon Ingram			
17:00				
17:30	END OF SATURDAY FORMAL PROGRAMME			
18:00 to 19:30	Dinner – Shared evening meal - bring something to share			
19:30 to 23:00	Evening impromptu concert - fun for all! Bring along your instrument, your voice, a story, a juggling act, or any party piece you have to entertain everyone! Or just come along and be entertained! Concert ends about 10:30pm (ish!) and will be followed by a 'jam session' – volunteers welcome!			Open for viewing and meditation – the meditation area is available all weekend

'Celebrating Herbs' Festival Programme - Sunday 11th September				
Time	Main Marquee	Kite Arena	Craft Tent	Sanctuary
09:00			<u>Stalls available</u>	Creating your own Medicines - Gathering with Sarah Head
09:30			Eldrum Herbs	
10:00	Medicine from Forgotten Herbs - with Ali English	Sky Symphony Team members will probably be available to give some kiting instruction, just ask! Or they can help anyone with any kite they may have.	Farmcote Herbs	
10:30			Kitchenherbwife	
11:00	Herbal Foot Baths - with Penny Thompson		Little Bird Soaps	
11:30			Lyme Cottage Industries	
12:00	Coffee, cake, and Kites! see ---->	Sky Symphony Kite Display Team	Men in Sheds	
12:30	Creating nourishing herb vinegars - with Sarah Head		Pryce Watkins Woodturner	
13:00	Shared Lunch plus Perils and Pitfalls in Beekeeping with Adele Fernandez		Springfield Sanctuary calendars and books	
13:30	Medicinal Mushrooms - with Fred Gillam			
14:00				
14:30				
15:00	Tea, Cake and Kites! see ---->	Sky Symphony Kite Display Team		
15:30				Herb Walk with Sarah Head & Springfield Sanctuary Apprentices
16:00				
16:30				
17:00	END OF FESTIVAL			